



Offering modern styling, high quality construction, and time tested innovative designs, XFW Free Weights truly represent the best in form, function, and reliability.

XFW-8200 3 WAY PRESS BENCH WITH PLATE HOLDERS

Key Features:

- · Easily adjusts into 3 positions: Supine, 30 degrees incline, 10 degrees decline
- 3-position seat and dual-position foot rest to accommodate wide range of users for each exercise
- · Replaceable, 3-position chromed bar catches with 6 plate holders come standard
- · Dual foot rest tubes with custom, molded-rubber, non-skid foot grips provide support during exercise
- · Floor anchor provisions in frame

Product Dimensions

75" L x 65" W x 56" H / 190 cm x 165 cm x 142 cm

Product Weight

239 lbs / 108 kg

Warranty

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings, Pulleys, Weight Plates and Guide Rods excluding coatings ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other components not mentioned elsewhere in this warranty 90-DAY WARRANTY - Normal wear parts including but not limited to Labels, Upholstered Pads and Grips ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.













