



FUNCTIONAL TRAINERS
C O M M E R C I A L
P A R A M O U N T S E R I E S

XFT - 100

EXTREME FUNCTIONAL TRAINER



PREMIUM FITNESS EQUIPMENT SINCE 1981

EXTREME FUNCTIONAL TRAINER

Featuring rotating vertical adjustment columns and unique multi-position Extreme Swing Arms, the compact and space efficient, value engineered XFT-100 allows unrestricted movement in multiple planes and is the ideal solution for fitness training, sport-specific conditioning, and rehabilitation.





FUNCTIONAL TRAINERS COMMERCIAL PARAMOUNT SERIES

With commercial quality construction and unique features, the XFT-100 is the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

XFT-100 EXTREME FUNCTIONAL TRAINER

Key Features:

- Dual-weight stack design allows users to train or rehabilitate using different resistance levels and allows two users to train at same time
- Dual-adjustment columns rotate 360 degree to allow unrestricted movement in multiple planes
- Extreme Swing Arm allows 180 degree of rotation and choice of 14 horizontal positions using conveniently located foot pedals to position pulleys as close as 17" / 44 cm and as far apart as 67.5" / 172 cm
- Choice of 20 vertical positions through a range of 58" / 148 cm
- Multiple-grip chin bar
- Step-by-step exercise chart with easy-to-follow user instructions for 18 common exercises

Product Dimensions L x W x H

39" L x 72" W x 86.8" H / 99 cm x 182 cm x 220 cm

Product Weight

Weight Stacks: 130 lbs / 59 kg each

Resistance Weight : 65 lbs / 29.5 kg each

Machine Weight: 553 lbs / 251 kg

Floor Loading: 44 lbs /sq ft / 215 kg /sq meter

Pull Force Increments : 5 lbs / 2.3 kg

Cable Travel: 6.4 ft / 195 cm per handle

Warranty

TEN YEAR WARRANTY COMMERCIAL PRODUCTS - Frame Components and Welds excluding coatings

FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings, Pulleys, Weight Plates and Guide Rods excluding coatings

ONE YEAR WARRANTY - Cables, Linear Bearings and Shafts and all other components not mentioned elsewhere in this warranty

90-DAY WARRANTY - Normal wear parts including but not limited to Labels, Upholstered Pads and Grips

ONE YEAR WARRANTY - Labor

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

