



SPIRIT FITNESS

A Heritage of Quality | The Spirit of Innovation



CG800 e·Glide Trainer

The **CG800** e·Glide Trainer was designed for groups/classes or individuals that like to create their own workout scenario in the commercial environment. It will appeal to both runners and cyclists as a cross training modality that is full weight bearing, without the impact.

Other design elements include:

- Patented Direct Drive System produces a unique workout experience
- Infinite resistance adjustments to satisfy every fitness level
- Telemetric Heart Rate for hands free monitoring
- 30 lb. flywheel generates the optimum amount of inertia
- Battery powered console means there is no need for electricity
- Full Commercial Warranty

The unique Patented Direct Drive System, optimally weighted pedal arms, dual-action handlebars, 2° inverted foot pedals, and stride length combine to create the perfect formula to assure a frictionless stride. This motion creates what we call the “floating” effect. Once your clients reach a certain RPM, they will start to “float” and experience the smoothest possible gait pattern.



Infinite Resistance Adjustments

CG800 e·Glide Trainer

4 Individual
LCD Windows



Easy-Touch
Control Buttons

The intuitive **CG800** console is easy to use and read. Simply set the workout time and get started. The level of effort is manually adjusted by turning the micro-adjustment knob below the console. This moves the rare-earth magnets towards the flywheel to increase resistance. The magnets and a perfectly balanced flywheel work in conjunction to create the smoothest possible feel. Once your clients experience the **CG800**, they will seek it out for both group and individual workouts.

Equipment Specifications

CONSOLE	4-Window LCD, Display, Start/Stop, and Time Adjustment
HEART RATE	Telemetric (Chest strap sold separately)
RESISTANCE	Infinite Levels
DRIVE TRAIN	Magnetic Resistance w/ Variable Adjustable Knob & Hand Brake
POWER	3AA Batteries
FLYWHEEL	30 lbs
PEDALS	Oversized w/ 2-Degree Inversion, Built in Sweat Drains
FRAME	Heavy-Gauge High-Strength Steel, Zinc Undercoating w/ Durable Powder-Coat Paint
DIMENSIONS	69" x 24" x 66"
PRODUCT WEIGHT	230 lbs.
MAX USER WEIGHT	450 lbs.

Warranty Information

COMMERCIAL	Lifetime: Frame
WARRANTY	5 Yrs: Brake & Parts
(Dues Paying Facilities)	1 Yr: Labor

COMMERCIAL	Lifetime: Frame
WARRANTY	5 Yrs: Brake & Parts
(Non-Dues Paying Facilities)	2 Yrs: Labor

Scan the code
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information



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